

Optimal Pain Management

April 2, 2014

The Log Cabin Banquet
& Meeting House
Holyoke, MA

Objectives

STATEMENT OF NEED

According to the Institute of Medicine, pain affects large numbers of Americans, with at least 116 million US adults burdened by chronic pain alone. The financial cost associated with chronic pain is estimated to be \$560-615 billion annually (2011). Our patients may experience erroneous diagnoses and obstacles to accessing appropriate treatment. Baystate's annual pain management conference is designed to enhance the healthcare providers' knowledge and competence in effectively managing pain within our complex health care system.

GOAL

This educational program is designed to support safe, effective and compassionate care for our patients with pain.

TARGET AUDIENCE

This course was designed for physicians, nurses, nurse practitioners, pharmacists, physician assistants, medical social workers and risk managers.

LEARNER OBJECTIVES

By participating in this program, you should be able to answer the following questions:

- How can we facilitate optimal pain management in the primary care setting?
- What is an efficient, effective evaluation strategy for the patient in pain?
- How do I select from among the various pain treatment options?
- How do I identify and safely treat the non-terminally ill outpatient with chronic pain?
- How do I use non-pharmacologic tools as an adjunct or alternative to the pharmacologic management of pain?
- How do I store and dispose of prescription pain management drugs properly?
- Are there differences in how pain is managed at the end of life?
- What are the responsibilities of the members of the health care team in ensuring effective pain management for all our patients?
- What are considerations in managing pain that could avoid the risk of inappropriate prescribing?
- How do we manage pain in a patient who has an opioid contract, or is a potential candidate for a contract, has current buprenorphine on board or other opioids on board?
- What are some effective non-opioid strategies for pain management?
- What is the potential role of medical marijuana in pain management?
- What are the families' perceptions of end of life care and suffering, and how does that inform our practice?
- What are the obstructions to effective pain management?

Program

8:00 Registration, Continental Breakfast and Promotional Exhibits

8:25 Introduction

8:30 Improving the Quality of Pain Management in Primary Care
Daren Anderson, MD

9:45 Pain Assessment Strategies
Alfred McKee, MD

10:30 Coffee Break and Promotional Exhibits

10:45 Case Studies in Pain Management Low Back Pain, Abdominal Pain & Complex Pain Management
Marianne Powers, BSN, RN
Alfred McKee, MD
Kent Higgins, PhD

12:00 Mindfulness Break
Lauri Deary, BSN

12:15 Lunch

1:00 Pain Management, Palliative Care and End of Life Care
Diane Dietzen, MD
Anita Sarro, RN, MSN, JD
Sarah E. Livings, PharmD, BCPS

3:00 Acute Pain Management
Cuong Vu, MD
Edward Tessier, PharmD, MPH, BCPS

4:30 Adjourn

Faculty

Program Director

Alfred McKee, MD*
Assistant Professor of Medicine
Tufts University School of Medicine (Clinical)
Staff Physician, Pain Management Center
Baystate Medical Center

Daren Anderson, MD

Vice President/Chief Quality Officer
Community Health Center, Inc.
New Britain, CT
Director, Weitzman Quality Institute
Middletown, CT

Dr. Anderson receives grant/research support from Pfizer and Aetna.

Lauri Deary, BSN, RN*

Nursing Educator
Baystate Medical Center

Diane L. Dietzen, MD*

Director of Palliative Medicine
Baystate Medical Center

Kent Higgins, PhD*

Clinical Instructor
Tufts University School of Medicine
Psychologist
Baystate Medical Center

Sarah E. Livings, PharmD, BCPS*

PGY-2 Critical Care Pharmacy Resident
Chief Pharmacy Resident 2013-2014
Baystate Health
Department of Pharmacy Services

Marianne Powers, BSN, RN*

Clinical Nurse
Pain Management
Baystate Medical Center

Anita Sarro, RN, MSN, JD*

Risk Manager
Baystate Health

Edward Tessier, PharmD, MPH, BCPS*

Clinical Pharmacist
Baystate Franklin Medical Center

Cuong Vu, MD*

Assistant Professor of Anesthesiology
Tufts University School of Medicine
Staff Anesthesiologist/Interventional Pain Specialist
Baystate Medical Center

FACULTY DISCLOSURE

The design and content of Baystate Continuing Interprofessional Education (CE) activities support quality improvement in healthcare and provide fair and balanced views of therapeutic options. Faculty or planner conflicts of interest are resolved before the educational activity.

Faculty and Planners marked with an * have no commercial relationships with any entity producing, marketing, re-selling, or distributing health care goods or services consumed by, or used on, patients.

Registration



ENTER YOUR CE ID NUMBER in ONE of the boxes to the right. Use your CE ID number to register for courses, access your CE transcript/credits, and confirm your registration.

MAIL TO:
Baystate Continuing Interprofessional Education
361 Whitney Ave, Holyoke, MA 01040

LAST NAME _____ HOME PHONE _____ WORK PHONE _____
 FIRST NAME _____ CITY _____ STATE _____ ZIP CODE _____
 PROFESSION _____
 HIGHEST PROFESSIONAL DEGREE _____
 SPECIALTY _____
 INSTITUTIONAL AFFILIATION _____
 E-MAIL _____ FAX NUMBER _____

PREFERRED DELIVERY
 MAIL FAX E-MAIL

PAYMENT METHOD (WE CANNOT PROCESS REGISTRATIONS WITHOUT PAYMENT)

MAKE CHECKS PAYABLE TO BAYSTATE MEDICAL CENTER	<input type="checkbox"/> CHECK	<input type="checkbox"/> AMOUNT ENCLOSED	<input type="checkbox"/> INTERDEPARTMENT TRANSFER (Please Attach)
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For your security, we do not accept credit card payments by FAX or mail. We accept credit card payments on our 128-bit encrypted website available at learn.bhs.org
We do not store your full credit card number in this system.

IF you are not a Baystate employee or attending physician, your CE ID number is:

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- A. First initial of your first name
 B. Birthday month and day (2 digits each May 7 = 0507 **not** 57)
 C. Last four digits of social security number

OR

For Baystate employees or medical staff members
Your CE number is your EN or PN Number

Baystate Employees EN _____

Attending Physicians/Medical Staff PN _____

learn.bhs.org



Baystate Medical Center

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PLEASE POST

Optimal Pain Management Across the Care Continuum

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Credits

Baystate Health is accredited by the American Nurses Credentialing Center (ANCC), the Accreditation Council for Pharmacy Education (ACPE), and the Accreditation Council for Continuing Medical Education (ACCME), to provide continuing education for the healthcare team.

PHYSICIANS

Baystate Health designates this live activity for a maximum of 7.0 AMA PRA Category 1 Credit(s)TM. Physicians should claim only the credit commensurate with the extent of their participation in the activity.
6.75 Credits Risk Management Study
6.75 Pain Study
2.0 End of Life Study

NURSES

This activity carries a maximum of 7.0 contact hours.
6.75 pharmacology

PHARMACISTS 7.0

PSYCHOLOGISTS

Baystate Health is approved by the American Psychological Association to sponsor continuing education for psychologists. Baystate Health maintains responsibility for this program and its content. 7.0 CE credit(s) for psychologists have been granted for this educational activity.

MENTAL HEALTH COUNSELORS

Baystate Health is an NBCC Approved Continuing Education Provider (ACEPTM) and may offer NBCC approved clock hours for events that meet NBCC requirements. The ACEP solely is responsible for all aspects of the program. (ACEP #5684)
7.0 clock hours

SOCIAL WORKERS

Application has been made for continuing education credits for social workers.

Location

This program will take place at **The Log Cabin**, 500 Easthampton Road, Holyoke, MA 01040. The Log Cabin phone number is 413-535-5077.

DIRECTIONS

From the Mass Pike: Take Exit 4 to I-91 North. From I-91, take Exit 17B to Route 141 West. The Log Cabin is two miles ahead on the left.
From the North: Travel South on I-91. Take Exit 17 to Route 141 West. (Going toward Easthampton). The Log Cabin is two miles ahead on the left.
From the South: Travel North on I-91. Take Exit 17B to Route 141 West. The Log Cabin is two miles ahead on the left.
There is no charge for parking.

OVERNIGHT ACCOMMODATIONS

Please go to learn.bhs.org and click on the Directions and Lodging link. The list includes amenities and contact information for the overnight lodging options close to the course locations.

SPECIFIC AIDS OR SERVICES

Please call Baystate Continuing Interprofessional Education at 413-322-4242 if, under the Americans with Disabilities Act, you require specific aids or services during your visit to this continuing education program. For additional course listings and your transcript go to learn.bhs.org

YOUR COMFORT

Meeting Room temperatures will fluctuate. Please dress in layers and bring a sweater.

Registration

TUITION

THROUGH APRIL 2, 2014

On-line \$105 Mail/Check \$115

AFTER APRIL 2, 2014

On-line \$115 Mail/Check \$125

Tuition includes continental breakfast, lunch and refreshment break. There is no charge for parking.

YOU CAN REGISTER TWO WAYS:

On-line

Go to learn.bhs.org. If you have attended a course before, be sure to use your CE ID No. in the registration process

Baystate Employees:

Enter your User ID, which is your EN. (i.e.: EN12345)

Baystate Medical Staff:

Enter your User ID, which is your PN. (i.e.: PN12345)

All Other Guests:

Your ID number is the First Letter of FIRST Name, Month and Day of birth with two digits for each (no year), and last 4 digits of your SSN. (i.e.: John Smith would be J06019999)

How to register online at learn.bhs.org

For step by step registration instructions, click on help OR follow the instructions below

- Wait for the calendar to load
- Click the month in which the course is being held
- Scroll down to the name and date of the course
- Click on it and proceed through the checkout process

By Mail: Complete the registration form below and mail it along with a check for the full course fee to Baystate Continuing Interprofessional Education, 361 Whitney Avenue, Holyoke, MA, 01040.

CANCELLATIONS:

If you must cancel, telephone Baystate Continuing Interprofessional Education at 413-322-4242 and follow your call with a written refund request or FAX your cancellation request to 413-322-4259. All cancellations will incur a \$25 fee. We cannot refund cancellations received less than two weeks (10 business days) before the program date.



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