



# 2024 MASSACHUSETTS PAIN INITIATIVE ANNUAL PAIN SYMPOSIUM

Thursday, October 24, 2024 | 7:30 a.m - 3:30p.m. EDT

Registration and continental breakfast: 7:30 – 8:00 a.m. | Program commences: 8:00 a.m.

Massachusetts College of Pharmacy and Health Sciences  
10 Lincoln Square, Lincoln Ballroom, Worcester, MA

7:30 - 8:00: **REGISTRATION / BREAKFAST / VISIT VENDORS**  
8:00 - 8:30: **WELCOME REMARKS and COMMITTEE REPORTS/UPDATES**  
8:30 - 10:30:



#### KEYNOTE SPEAKER

**Peter A. DePergola II, PhD, MTS, HEC-C**

Chief Ethics Officer, Senior Director of Clinical and Organizational Ethics,  
Baystate Health

1030-1045: **BREAK**

1045-1215: **Meghan Markowski, PT, DPT, WCS, BCB-PMD**

Board Certified Clinical Specialist and Clinical Lead in Pelvic Floor Physical Therapy at  
Brigham and Women's Hospital, Boston, MA

**Rebecca Stephenson, PT, DPT, MS, WCS, CLT**

Board-certified Clinical Specialist in Women's Health Physical Therapy  
Newton-Wellesley Ambulatory Care Center, Newton, MA

*Unspoken Pain: Evaluation and Management of Pelvic Pain from a Physical Therapy Lens*

1215-1315: **LUNCH & RAFFLE!**

1315-1415: **Pain Updates:**

**Elyse Rosenberg PHD**

Pain Psychologist

Newton Wellesley Hospital Pain Management

*A Single-Session Pain Management Intervention: Introduction to Empowered Relief<sup>®</sup>*

**Jackie Nathan, ARNP-BC**

Board certified Nurse Practitioner, Specialist in Pain Management and Posture

*The Neuroscience of Posture*

**Ted Toufas, BS, PharmD, RPh**

Pharmacist in Charge of Compounding

Acton Pharmacy

*A Brief Overview of Low Dose Naltrexone (LDN)*

1425-1525: **Zafeer Baber, MD and Andrew Rubens, MD**

Anesthesiology & Pain Management

Newton-Wellesley Hospital, Newton, MA

*Live Podcast: Neuropathic Pain and Chronic Regional Pain Syndrome*

1525-1530: **Closing Remarks / Evaluations**



MASSACHUSETTS COLLEGE of PHARMACY  
and HEALTH SCIENCES



# 2024 MASSACHUSETTS PAIN INITIATIVE ANNUAL PAIN SYMPOSIUM

Thursday, October 24, 2024 | 7:30 a.m - 3:30p.m. EDT

Registration and continental breakfast: 7:30 – 8:00 a.m. | Program commences: 8:00 a.m.

Massachusetts College of Pharmacy and Health Sciences

10 Lincoln Square, Lincoln Ballroom, Worcester, MA

### Register Online:

[HTTPS://2024.MASSPIPAINSYMPOSIUM.EVENTBRITE.COM/](https://2024.masspipainsymposium.eventbrite.com/)



### Or Register by Mail:

Make check payable to:  
**Massachusetts Pain Initiative**  
7 Barbara Rd.  
Walpole, MA 02081

**Registration Information:** Please **PRINT** and use a separate form for each registrant. (All fields **required**)

Name/Credentials: \_\_\_\_\_  
Affiliation: \_\_\_\_\_  
Phone: \_\_\_\_\_  
Email: \_\_\_\_\_

### Registration Fees:

Registration Type :	Register by September 24	After September 24
General	\$129	\$139
Students and Residents	\$49	\$69

\*Proof of student/resident ID/badge required at onsite check-in.  
Course includes continental breakfast, lunch, and online course material.

**Handouts:** You will receive information about downloading available handouts when you register.

**Continuing Education Credits:** The program is approved for 5.5 contact hours by the American Physical Therapy Association, Massachusetts. The program will be submitted for 5.5 contact hours to American Nurses Association of Massachusetts, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation. Certificates of attendance will be awarded to other disciplines.

**Cancellation Policy:** Refunds are available by request (excluding fees) until October 1, 2024. No-shows forfeit the registration fee. All cancellations must be made in writing to: [MassPainInit@gmail.com](mailto:MassPainInit@gmail.com)

### MassPainInitiative.org

Mass Pain Initiative is an independent 501(c)(3) non-profit organization.

**For questions about this program:**  
please e-mail: [MassPainInit@gmail.com](mailto:MassPainInit@gmail.com).

For all other MassPI business,  
please send e-mail to: [MassPainInitiative.org](mailto:MassPainInitiative.org).