



Massachusetts Pain Initiative

Fall Conference

Managing Pain from the Inside and Out

Thursday, October 26, 2017

7:30 a.m. - 3:30 p.m.

Holiday Inn Hotel & Suites, 265 Lakeside Avenue, Marlborough, MA

Program Schedule

7:30 a.m. - 8:00 a.m.	Registration/continental breakfast
8:00 a.m. - 8:30 a.m.	Welcome and council report
8:30 a.m. - 9:30 a.m.	<i>Maurice Bernaiche DO</i>
9:30 a.m. - 10:00 a.m.	Break and visit vendors
10:00 a.m. - 11:30 a.m.	<i>Jayne Pawasauskas, PharmD, BCPS</i>
11:30 a.m. - 12:15 p.m.	Lunch and visit vendors
12:15 p.m. - 1:15 p.m.	<i>John Otis, PhD</i>
1:15 p.m. - 1:30 p.m.	Break
1:30 p.m. - 3:00 p.m.	<i>Anne Lynch, APRN</i>
3:00 p.m. - 3:30 p.m.	Q&A/closing

*** 5.5 CME Physicians**
*** 5.5 CE Nurses, social
workers and
psychologists**

Speakers

John Otis, PhD, director of the Behavioral Medicine Program at the Center for Anxiety and Related Disorders (CARD) at Boston University. He is the author of *Managing Chronic Pain*, part of the Oxford University Press *Treatments that Work Series*, an "evidence based" treatment program that includes a therapist manual and patient workbook.

Maurice Bernaiche, DO, physical medicine and rehabilitation specialist, has more than 15 years of training and practice specializing in the non-surgical treatment of sports injuries, musculoskeletal disorders, repetitive-use disorders as well as neuromuscular diseases. He is highly skilled in minimally invasive spinal injections, which help manage back and neck disorders and pain.

Jayne Pawasauskas, PharmD, BCPS, currently focuses her clinical work on the development of pain management education strategies for interdisciplinary practice.

Anne Lynch, APRN, is a nurse practitioner, board certified in pain management, in her seventh year at Newton-Wellesley Hospital Spine Center and Pain Management Services Department. She interned with Jon Kabat-Zinn in the University of Massachusetts Stress Reduction & Relaxation Program and more recently became a certified by Benson-Henry Institute for Mind Body Medicine as a facilitator to provide the Stress Management and Resiliency Training course at Newton-Wellesley Hospital.



MassPainInitiative.org



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Contact information *Please print and use a separate form for each registrant*

Name: _____

Credentials: _____

Affiliation: _____

Phone: _____

Email: *Required* _____

Register

Online: <https://tinyurl.com/MassPIConference>

or make check payable to:

Massachusetts Pain Initiative, P.O. Box 164, Berlin, MA 01503

Registration fee Before October 6, 2017: \$129.00; after October 6, 2017: \$149.00
Student rate: \$65 *Copy of student ID must mailed in with registration.*

*** 5.5 CME Physicians**

*** 5.5 CE Nurses, social workers and psychologists**

Cancellation policy: Refunds will be issued for cancellation before October 19, less a \$25 cancellation fee. Canceling on or later than October 19 or no-shows forfeit the registration fee. All cancellations must be made, in writing, to: Kathy DellaPenna at info@masspaininitiative.org.

**Application for CME credit has been filed with the American Academy of Family Physicians. Determination of credit is pending. Commonwealth Education Seminars provides CE accreditation for nurses, social workers and psychologists. For more information about accreditation, please visit: HopeHealthMA.org/AccreditationInformation*

Handouts will be emailed before the conference. Please print and bring them with you.
Copies will not be available at the conference.

For more information please contact: Kathy DellaPenna at Info@MassPainInitiative.org



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